



*We often buy mint leaves from the market. Like all other days, this time we will not throw away the twigs after separating the leaves from it. This time we will immerse the twigs partly in a glass with little water at the bottom. Please keep in mind that there should not be any rotten twig in them. If needed, we may cut the better part of the twig, just from below the node. After three to four days we may notice that, small roots and leaves are emerging from the twigs. If any twig is found to be rotten, we must throw it away and change the water with clean water. We need to wait for another seven to ten days so that the roots grow well. As they grow well, we will not transplant the plants directly to soil. The plant may die due to transplant shock, as the roots are very delicate being grown inside water only. Then what to do? We have to add coco peat into the water and allow the roots to hold the coco peat more strongly for four days. Now it's time to transplant the mint saplings to any shallow pot. We must prepare the soil by 40% garden soil, 40% compost, 10% sand or coco peat and 10% dried cow dung compost. Mixing them well, we will prepare the soil. Now, very carefully transplant the mint saplings into the pot. Water it regularly, and keep the pot in a place where there is indirect Sun Light. But never grow in indoor, as Sun light is very important for its growth. Within few weeks you will find that the mints are growing beautifully and having great aroma. You will feel the difference in growing your own food by yourself.*